


SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Spaghetti w/ meat balls Toast Salad Fruit</p>	<p>4 Meatloaf w/ vegetables Rice & beans Salad Juice / Mousse</p>	<p>5 Breaded chicken Cream corn Rice & Lentil Salad Juice / Fruit</p>	<p>6 Cooked beef with vegetables Rice & beans Salad Juice / Jello</p>	<p>7 No School Brazilian Holiday Independence Day!!</p> 
<p>10 Fajitas (meat & chicken) Baked vegetables Guacamole Salad Juice / Fruit</p>	<p>11 Chicken w/ onions Baked potato Rice & beans Salad Juice / Fruit</p>	<p>12 Beef with vegetables Rice & beans Salad Juice / Apple cake</p>	<p>13 Grilled chicken Mashed pumpkin Rice & beans Salad Juice / Fruit</p>	<p>14 Ground beef Vegetables Rice & beans Salad Juice / Doce de leite</p>
<p>17 Chicken sandwich French fries Salad Juice / Fruit</p>	<p>18 Grilled beef Zucchini Rice & beans Salad Juice / Cake</p>	<p>19 Lasagna (Beef & Chicken) Vegetables Toast Salad Juice / Fruit</p>	<p>20 Parmegian beef Baked pumpkin Rice & beans Salad Juice / Fruit Salad</p>	<p>21 Cooked chicken Farofa Rice & beans Salad Juice / Fruit</p>
<p>24 Beef Strogonoff Baked potato Rice Salad / Fruit</p>	<p>25 Grilled tilapia Mashed pumpkin Rice & beans Salad Juice / Fruit</p>	<p>26 Grilled Chicken Rice / lentil Salad Fruit Salad</p>	<p>27 Ground Beef "Farofa" Rice / beans Salad / Jello Early Dismissal at 13:00pm Parent-Teacher Conferences</p>	<p>28 No School Parent-Teacher Conferences</p>